

Newfoundland & Labrador



Tales, Trails & Tastes

July 25 – August 5, 2023

Cruise sheer-walled fjords, be amazed by majestic icebergs, walk through diverse landscapes from windswept shorelines to sub-Arctic summits. Xplore rare geological oddities that earned Gros Morne UNESCO World Heritage status, listen to tales of Vikings, and relax amid the culture and hospitality of Newfoundland's coastal communities.

HIGHLIGHTS

Welcome Dinner

L'Anse aux Clair

Gros Morne National Park

L'Anse Aux Meadows UNESCO World Heritage Site

Port au Choix National Historic Site

Red Bay National Park, UNESCO World Heritage Site

Guided Interpretive Walks

Trout River Interpretation Centre

Jacob A. Crocker House

Welcome Dinner

Anchors Aweigh Show

Tea at Lobster Cove Head Lighthouse

Point Riche Lighthouse

French Rooms Cultural Centre

Viking Experience

Iceberg Alley

Screech In, Kitchen Party & Mug Up

Saddle Island

Ferry to/from Labrador

Western Brook Pond Boat Tour

Bonne Bay Kayaking Tour

Whale Watching Boat Tour

Airport transfers on tour start and end date

Farewell Dinner

INCLUDES

Multi-night stays in Rocky Harbour, Port au Choix, L'Anse au Clair and St. Anthony

Deluxe Motorcoach Transportation

16 Meals: 11 breakfasts, 1 lunch & 4 dinners

Baggage Handling – 1 per person

Day 1 – Home Cities to Deer Lake. Fly from home city to Deer Lake, transfer to your hotel.

Day 2 – Deer Lake to Rocky Harbour. Depart for **Gros Morne National Park**. Visit the **Discovery Centre**, then Xplore the unique and rare "Tablelands" on a **guided interpretive walk**. Then onto the village of **Trout River**, to visit the historic

Jacob A. Crocker House and **Interpretation Centre**. Enjoy some free time; grab some lunch, stroll the boardwalk, or stroll one of the many hiking trails before heading north to Rocky Harbour for a two-night stay. Enjoy a **Welcome Dinner** and **Anchors Aweigh show** with your fellow Xplorers this evening.



Day 3 – Rocky Harbour. In the morning venture onto the water of Bonne Bay on a **guided kayaking tour** through pristine water with spectacular views all around. In the afternoon, Xplore a couple of great **nature walks** offered in the Norris Bay area. After your adventurous day, kick back and relax, or Xplore more of Rocky Harbour and Norris Point on your own.

This evening partake in a **Kitchen Party**, a lively Newfoundland tradition sure to get your toes a tapping! Sing along, grab your own traditional Newfoundland instrument, and play along with the band. After the kitchen party another unique ceremony, sure to get your tongue in a twist, put hairs on your chest, and make you an honorary Newfoundlander is the **Screech In**! No trip to Newfoundland can be complete without it!

Day 4 – Rocky Harbour to Port au Choix. The adventures continue driving further into Gros Morne National Park, stopping at **Lobster Cove Head Lighthouse**. Take a short walk around “The Head” taking in some of the most spectacular and picturesque views in

Gros Morne National Park. Enjoy a **cup of tea and warm biscuit**, listen to stories of the past and the people

who lived on this rugged and beautiful headland. Then stretch your legs on a **45-minute walk** across a “mish” where at the end, you are rewarded with the beautiful and rare **Western Brook Pond** with time to enjoy a **boxed lunch** before boarding the vessel for a



2-hour boat tour

“fara í víking”. Cruise along a 16km, spectacular glacier-carved, land-locked fjord, view; wildlife, waterfalls cascading from 2000 feet above, and billion-year-old cliffs. Once docked, travel to Port au Choix for the next two nights.

Day 5 – Monday | Port au Choix. Learn all about the 6,000-year-old story of Port au Choix Xploring **Port au Choix National Historic Site**. Hike coastal trails see prehistoric artifacts from four ancient Aboriginal cultures. Examine the past at the **Port au Choix Visitor Centre**, featuring both cultural & historical exhibits. Walk in the footsteps of the ancient cultures that first inhabited this spectacular

landscape, in search of a sculpture series that celebrates the Indigenous heritage of this remarkable place. Xplore the limestone barrens, looking for plants

and fossils found nowhere else in Canada. Weave through a tuckamore forest and cross an ancient limestone seabed to



reach **Point Riche Lighthouse**. Visit the **French Ovens** and witness bread being baked in the outdoor oven, then savour it warm from the oven served with local jam – yum! Visit



the French Rooms Cultural Centre, learn about the Resettlement Era and watch a video of a house being floated into the harbour. View artifacts while hearing about the history of the lighthouse keepers.



Day 6 – Port au Choix to L’Anse-au-Clair, Labrador. Travelling to St. Barbe to catch the **ferry over to Labrador**, keep watch on the crossing there is a good chance you will see whales. Staying in the quaint fishing village of **L’Anse Au Clair**, after checking into the hotel, enjoy a walk along the **Jersey Trail**. Following the shoreline of this small town nestled against rugged cliffs



and benchland sloping down to a beautiful red sandy beach and the “Bubbling Sands, a little further and you arrive at the “Ugly Spot”. Weaving along boulder

fields, tuckamore and beach leading to the archeological site of the “Jersey Rooms”.

Day 7 – L’Anse au Clair. Visit **Point Amour Lighthouse** and climb to the top of the tallest lighthouse in Atlantic Canada – the second tallest in Canada! Climbing 132 steps, you are rewarded with a fantastic panoramic view of the Strait of Belle Isle, where you might spot whales breaching, it’s the perfect perch for an incredible photo opportunity. Then head to **Red Bay National Historic Site**, between 1530-1600, the large numbers of whales in this area drew whalers from Spain and France, where they established a major whaling



port at Red Bay. For years, they made the dangerous, month-long journey across the Atlantic to hunt whales and produce the oil that lit the lamps of Europe. Walk along the

beautiful harbour with a view of Saddle Island, Xploring the **Boney Shore with a Parks Canada Guide**. See the most visible remains of 16th century Basque whaling at Red Bay: the whale bones, let these ancient bones cast new light on the present-day population of North Atlantic right whales. Then Xplore the archaeological sites on **Saddle Island with a local expert**. Hear first-hand experiences of finding some of Red Bay’s precious artifacts, learn how the whalers lived and Xplore the life and times of Labrador’s 16th-century Basque whalers. After a day of Xploring, your appetite will be ready for the hardy **dinner** planned this evening.

Day 8 – L'Anse au Clair to St. Anthony. Taking the ferry back to Newfoundland and the beautiful village of St. Anthony. Enjoy a guided visit to the **Grenfell Interpretive Centre** and the **Jordi Bonet Murals**, before continuing to **Grenfell House Museum** for a tour and **guided walk** along the **Tea House Trail**. Be prepared for some local entertainment and great food this evening at your first introduction to Vikings at the **Great Viking Feast!**



Day 9: St. Anthony. St. Anthony is not only known for Vikings it is also known as the iceberg and whale watching capital of Newfoundland! Joined by an experienced



local naturalist today, embark on a **Whale Watching Boat Tour**, Xplore the scenic St. Anthony coast; an area that typically has more icebergs, humpbacks, and dolphins than any other region in Newfoundland. Relax while being entertained by traditional music, stories, and interpretation. Experience a refreshing blend of

nature, fun education, and Newfoundland hospitality that you will not soon forget. Xplore St. Anthony on your own or join your Tour Director for a walk on one of the many hiking trails. This evening, immerse yourself in the Viking Age and gather around the skáli in one of **L'Anse aux Meadows** sod buildings, spend the evening by the fire with the Vikings of Straumfjörð and toast the heroic deeds of Leif Eriksson and his crew as tragic tales and Norse myths are retold in the place where it all began.

Day 10: St. Anthony to Plum Point. Today Xplore the land Vikings once walked on, tour the only known



authentic Viking site in the Americas. See original 11th century artifacts at **L'Anse aux**

Meadows UNESCO World Heritage Site, stroll in the footsteps of the Vikings and experience Norse life at the **Viking Encampment**. This afternoon, Xplore the trails, see rare 650-million-year-old



fossil structures on the world-famous **Thrombolite Walking Trail**, one of only two places in the world where you can view these gigantic living fossils dating back 570 million years.

Stop at **Marjorie's Bridge** for some photos, drop by the **"Skin Boot" Church** and then take a relaxing hike along the **White Rocks Trail**. This evening come together for an authentic **Newfoundland Mug Up**.



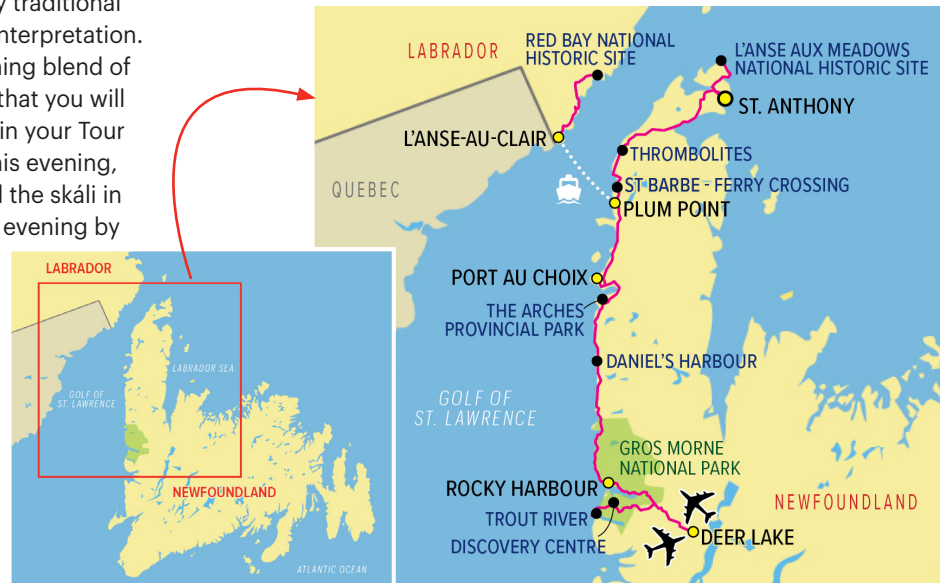
Day 11: Plum Point to Deer Lake. This morning travel to the charming traditional fishing community of Daniel's Harbour, home to legendary Nurse Myra Bennett, dubbed the Florence Nightingale of the North. Walk along **Bill's Woods Trail** providing



wonderful views of the mountains. Stop at **Arches Provincial Park**, where the ancient limestone has been pounded by eons of surf to carve out scenic arches. Walk under the arches, or on top of

them to experience the awesome strength of the sea. Enjoy some free time meandering through the craft shops in Rocky Harbour before travelling to Deer Lake for our **Farewell Dinner** this evening.

Day 12: Deer Lake to Home Cities. Transfer to Deer Lake Airport for your flight home with fond memories, new friends and many stories to relate to friends and family.



PRICING

DOUBLE/ROOM SHARE \$5,525.90 | SINGLE \$6,671.90

All prices are per person, land only, and include all taxes & fees. Not included in the price: Airfare.

Total meals included: 11 Breakfasts, 1 Lunch & 4 Dinners.



To book, visit your professional travel agent: